

## SCHEDULE

This Benedictine week will begin at 4:00 p.m. on Monday and end after lunch on the following Sunday. Each day will follow the rhythm of monastic life, with a full round of communal prayer each day. In keeping with the stability and community essential to Benedictine monastic life, participants should be in residence from the first through the last day, and should expect to participate in all parts of the program.

Within the context of choral prayer, shared work and study, personal *lectio* and silence, participants will explore the wisdom elements of the Rule, identifying ways to embrace this ancient framework as the basis for our own personal and communal way of life in today's challenging world.



## FEES

*Includes programming, lodging, and meals*

Private room: \$1,350 per person  
Shared room: \$1,100 per person

## PAYMENT SCHEDULE

First payment of \$450 due with registration, no later than April 3. Final payment: due May 1 (*check only.*) All payments will be forfeited with cancellation, but can be transferred to another new participant.

**Please mail completed registration form** with check for payment; registration form can be found on our website or can be emailed to you.

**For any questions, please contact Jane Schubert**, who is coordinating this retreat for the Friends of St. Benedict; her email address is [janeschubert@aol.com](mailto:janeschubert@aol.com).



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# A BENEDICTINE EXPERIENCE

## Rediscovering Benedictine Wisdom in a Time of Turmoil



**The Bishop's Ranch**  
Healdsburg, CA

**June 19-25, 2017**



Sponsored by  
Friends of St. Benedict

## A BENEDICTINE EXPERIENCE

This is a time designed for those who wish to nurture and strengthen their daily spiritual lives by praying and working together in community. The Experience is modeled after the balanced way of life set out by St. Benedict in the Rule, giving attention to body, mind, and spirit. Much of our time will be spent in silence. Daily conferences will cultivate the practice of "listening with the ear of the heart." This time spent living in community allows us to reflect on the Benedictine values of



listening, humility, silence, and hospitality, all of which is directed towards grounding our lives in the love of Christ.

Attendees participate in an ordered day of prayer, study, work, and leisure. The framework of each day will be the *Opus Dei* – the daily corporate worship of God – including the prayer offices of Morning Prayer, the Eucharist, Evensong, and Compline. Morning lectures will be given by Br. Bede Healey OSB Cam., followed by discussion. Afternoons allow time for rest and study, and participants will be encouraged to take part in work projects. Evenings will include small groups, silent meditation, the service of Compline, and the beginning of the Great Silence. Special consideration will be given to the creative role sacred music plays in building a Benedictine spiritual consciousness with John Renke as musical director.

## Rediscovering Benedictine Wisdom in a Time of Turmoil

The wisdom of Benedict's Rule needs to be rediscovered in every age, and our time is no different. The deep structure inherent in the Rule provides an orientation to the Divine while simultaneously strengthening our relationships with others. This same deep structure can help individuals and communities facing the divisions and fragmentation of the present age.

## THE RULE OF BENEDICT

St. Benedict of Nursia (480-547) was the founder of Western Monasticism. His Rule for Monasteries is just as meaningful 1500 years later, for monastics and non-monastics alike. Our Benedictine Experience is guided by the values of listening, humility, community, hospitality, and balance.

## LOCATION

The Bishop's Ranch is an Episcopal retreat center about two hours north of San Francisco. Shuttle bus service is available from the San Francisco and Oakland airports to Santa Rosa, a short cab-ride away. The Ranch is high on a ridge overlooking the Russian River Valley at Healdsburg. The Ranch's 240 acres of pastures, woodlands, and nearby country roads offer opportunities for walking and solitude.

## FACULTY AND STAFF

Leader: Br. Bede Healey, OSB Cam., is a member of the Camaldolese Benedictine community of Incarnation Monastery in Berkeley. He holds a PhD in Psychology and has a deep interest in the interconnections between psychology and Christian spirituality.

Music Director: John Renke, Pastoral Associate for Divine Worship for the Roman Catholic Diocese of Oakland, is a passionate organist, conductor, composer, liturgist, and teacher. He founded the Schola Cantorum at the National Shrine of St. Francis of Assisi and is Director Emeritus of ScholaSF.

Abbot: Fr. David Caffrey will celebrate Mass and will lead evening reflections. He is an Episcopal priest who has for many years led small Benedictine cell groups and desert retreats in Joshua Tree, CA.

